

INSPIRE Semester 2 (Term 3 and Term 4).

A curriculum for every akonga.

In 2024 we are excited to embark on a new curriculum layout which will not only provide robust and comprehensive academic opportunities but will also encourage and promote personal growth of each boy. Boys will have the ability to participate in inspirational activities and further their learning in areas of their own choosing. Our curriculum will link to the Key Competencies of the New Zealand Curriculum and is a future focussed way to counter the complex issues faced by our students today.

Our curriculum is designed to inspire and engage every student in a personalised programme.



School starts at 8.20am for teachers and 9am for students.

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9 - 10	Period 1	Period 1	Period 1	Period 1	Period 1
10-11	Period 2	Period 2	Period 2	Period 2	Period 2
11 – 11.25	Interval	Interval	Interval	Interval	Interval
11.25 – 12.25	Period 3	Period 3	Period 3	Period 3	Period 3
12.25 – 1.25	Period 4	Period 4	Period 4	Period 4	Period 4
1.25 – 2.05	Lunch	Lunch	Lunch	Lunch	Lunch
2.05 – 3.05	Assembly	Learning to learn	House Group Time	Inspire 1	Inspire 2

INSPIRE: (Period 5 on Thursday and Friday)

All boys will have two sessions per week to engage in activities that will develop new skills, passions and understanding. These activities will offer the boys opportunities not previously available within the school curriculum and which may lead them to discover new interests and abilities. Some activities that have previously been 'squeezed' into break times will now be available to students during an Inspire activity. This will benefit the boys' wellbeing as they become more involved in making decisions about their learning. A target number of students must be reached in order for an activity to run.

Listed below are the activities in alphabetical order. Please follow the link below as it will take you to the descriptions of each activity.

If you require any further information, please contact the teacher in charge as listed.

Adventure Sports (IADVS)
Art Studio: Sculpture (IARTS)
Computer Aided Design (ICOMA)
Debate Club (IDEBA)
Electronics (IELEC)
Football Academy (IFOOA)
Life Skills ([ILIFS](#))
Life Skills through Cooking (ILIFC)
Mastering Math (IMASM)
Music groups (IMUSG)
Philosophy & Culture Course 101 (IPHIL)
Polyfest (IPOLY)
Racquet sports (IRACS)
Rugby Academy (IRUGA)
STEM club (ISTEM)
Study (ISTUD)
Sport Psychology and Skill Development (ISPSY)
Toi Maori (ITOIM)
Training for life (ITRAN)
Young Enterprise (IYOUE)

Adventure Sports (IADVS)

For all the students who like to get out and enjoy our beautiful environment. Students will participate in sports such as free diving, kayaking, Slack lining, abseiling, skateboarding, trail running and Geocaching. Sessions will be run both in school grounds and outside school (weather permitting). The course will be broken up into 4 weeks of skill learning sessions followed by an afternoon off-site practical session. Students must actively get involved with the content.

Mr. Henehan: samh@waitakibhs.school.nz

Art Studio: Sculpture (IARTS)

You will be introduced to new sculpture processes and techniques, such as hand-built clay work and cardboard construction. You will create artworks that explore contemporary art ideas. You will be able to take your work home and all materials are provided. Classes are suitable for beginners as well as Senior Art students wanting some extra studio time on their folios.

Ms. Strathern: kays@waitakibhs.school.nz

Computer Aided Design (ICOMA) – Thursday only

If you want to explore how to use computers to design structures, electronics and machines, and develop skills using a range of CAD software to much more depth than you can in normal classes, then come along. If you get excited by the prospect of designing a structure or machine and watching how it may work or need improving, then this is for you.

Mr. Robinson: johnr@waitakibhs.school.nz

Debate Club (IDEBA)

Dive deeper into the world of debating – learn and practise strategies to help your own arguing skills. Understand more of the rules and how to construct and deconstruct an argument. Find ways to pick holes in your opponents reasoning. Prep for upcoming debates. Debate others & learn to think on your feet. All year levels welcome.

See Mr Plunkett for further details: matthewp@waitakibhs.school.nz

Electronics (IELEC) – Friday only

On this course you will be building electronic circuits with components on breadboard, designing circuits and programming chips on the cloud. There will be the opportunity of designing your own printed circuit board or have a go at building a robot.

Mr. Robinson: johnr@waitakibhs.school.nz

Football Academy (IFOOA)

Football Academy Terms 3 + 4 - Junior (Thursday) / Senior (Friday)

This is for Footballers who play for school teams.

Skill development, strategies/tactics.

Coach and referee development

This will move into Futsal on the school turf as the football season finishes.

Futsal teams will be selected from these academies.

Mr. Lane: andyl@waitakibhs.school.nz

Life Skills (ILIFS)

This course will cover a range of everyday skills and tasks. The content itself will be somewhat fluid depending on what students want to cover but will include broad categories such as Home (basic cooking, hanging a picture, mending, first aid, rental agreements, cleaning), Car (changing a tyre, tyre pressure, jumpstarting), Money (budgeting, banking), Work (writing a professional letter/email, writing a CV), Other (changing a nappy, setting a table, tying a tie).

Just a few skills that most people will need during their life away from home.

Ms. Matthews: erinm@waitakibhs.school.nz

Life Skills through Cooking (ILIFC)

Calling all teenagers! Tired of the same old takeout and want to level up your kitchen skills? Join our Life Skills Through Cooking course and embark on a culinary adventure! Learn to budget smartly, cook with flexibility, grasp basic nutrition, and cater to different diets. Discover how to make delicious meals on a budget, improvise with ingredients, fuel your body right, and impress everyone with your cooking, whether it's for friends or special dietary needs. Unleash your inner chef, build lifelong skills, and become a kitchen wizard – join us now and let the culinary journey begin! 🍴👨🍳🔥

Ms. Prosser: emmap@waitakibhs.school.nz

Mastering Math: Your Key to Academic Success! (IMASM)

For teenage boys, math tutorials are the ultimate academic ally, offering personalized guidance and support. These tutorials demystify challenging concepts, boosting problem-solving skills and leading to effective learning. As you conquer once-intimidating equations, your grades will soar, and the sense of accomplishment that accompanies top marks will be unmatched. In today's digital age, math tutorials are easily accessible online, providing interactive lessons, practice problems, and real-time feedback, making learning a breeze. So, if you're a teenage boy looking to excel academically and unlock your full potential, embrace math tutorials—they're your ticket to understanding, achieving, and conquering mathematics, all while securing those impressive grades that pave the way for your future success. Dive in, and watch your confidence, skills, and grades skyrocket!

Ms. Abraham: kristinea@waitakibhs.school.nz

Music groups: (IMUSG)

Aim to organise students into various musical groups, such as a rock band, chamber group, piano duets or duos, trios, etc to take part in a range of activities.

If you have a passion for music and would like to work with other students who have the same passion then this is for you. We can access music through traditional means and through more modern means with youtube and backing tracks.

Activities could include any of the following:

Entertain at Resthomes throughout Oamaru.

OR

Simply just to enjoy playing a musical instrument with other people.

Mr. Hinds stepheh@waitakibhs.school.nz

Philosophy & Culture Course 101 (IPHIL)

Do you want to broaden your mind? Are you curious about the world ? Do you have strong ideas on music / art or popular culture? Is there one way to tell the difference between right & wrong? Does truth actually exist?

This basic course will cover some of the greatest thinkers, influential cultural icons & movements to have ever existed. It will also explore big ideas such as ethics / existence / culture / logic / knowledge / beauty & whether or not you are actually dreaming as you read this beautifully written blurb.

It would suit any student at any Year level who likes to think deeply / discuss / argue constructively / is open to new things / is curious about why they are here & wants to understand their own purpose or who wants extension in their thinking & relationship to themselves and the wider world.

Philosophy is the ultimate life hack for a smarter, cooler you & taking this elective will improve your own sense of self confidence as well as giving you valuable insights into how to win new friends & destroy your enemies with the extreme power of your mind & the cunning, cutting wit of your words.

See Mr Plunkett for further details.

Mr. Plunkett: matthewp@waitakibhs.school.nz

Polyfest (IPOLY)

Any students who are keen to learn Pasifika music and dance with Mr Filikitonga (Thursday).

Community service with Mr Fifita (Friday).

Uatesoni Filikitonga: uatesonif@waitakibhs.school.nz

Aisea Fifita: aiseaf@waitakibhs.school.nz

Racquet sports (IRACS)

Learning a racquet sport can give students a healthy and life-long hobby. In this programme, students will learn and play sports such as Tennis, Squash, Pickleball and Badminton. It will be suited to both social and competitive players, with a mix of fun activities and structured training. There will also be chances to engage with the wider community through tournaments/match play, coaching or social events.

Mr. Ou: paddyo@wbhs.school.nz

Rugby Academy (IRUGA) – Thursday Only

The Rugby Academy will provide athletes of various levels with the ultimate Rugby training according to their age and experience. This is a two-tiered programme which allows athletes to develop their gameplay abilities and individual skills with the best mentors available in a safe, enjoyable and stimulating environment.

Contents: Interrelated activities – Individual skill exercises, Specialised coaching, Positional play analysis and understanding, Mentality development, General and specific nutritional advice.

Tier One: High Performance Rugby, Strength and Conditioning programme.

Tier Two: Beginner – Intermediate Performance Rugby Development programme.

Mr. Briscoe: stephenb@waitakibhs.school.nz

Sport Psychology and Skill Development (ISPSY) - *Limited Numbers – 20-25 per day*

Have you ever wondered how the top athletes are cool calm and collected in the biggest moments? Do you want to know how to use simple tools to analyse skills and identify areas to improve your performance? Look at sport psychology principles and skill development techniques to get the best out of your time on the sports field. Develop routines and mental skills to shine in that moment you need to produce the game winner! The course will include a mixture of theory and practical lessons with time to work on key skills and put the theory into practice.

Section 1: Sport Psychology

- Knowing yourself as an athlete
- Goal setting
- Key skills and things in our control
- Developing skill routines
- Feedback and improvement
- Stress/Anxiety and activation
- Game day routines
- Sports Psychology in practice

Section 2: Skill Analysis

- How to identify key skills
- Perfect Models and Ideal Performance
- Video Analysis and Identifying Areas of Improvement
- Improvement Cycle and continuous development
- Training Principles

Mr. Ratcliff: joshr@waitakibhs.school.nz

Study (ISTUD) – Yrs 11-13 ONLY

Senior study time is an opportunity for senior students to do some extra study in any subject. It also caters for students wishing to do a sixth subject. The course will be structured around your requirements with supervision to help you achieve your goal.

This is for students who want to work to improve their grades in the school examinations and the end-of-year examinations. Or have extra time to complete any Internal assessments.

Mr. Familton: gregf@waitakibhs.school.nz

STEM Club – Science Technology Engineering and Mathematics (ISTEM)

Our aim with Stem Club is to encourage students to think outside the box, approach problems from multiple angles and engage in the joy of working alongside like-minded people on projects that they can learn from. We aim to build creative thinkers who will be ready to handle the challenges of our rapidly changing future. This is achieved through projects and activities exploring the worlds of Science, Technology, Engineering and Maths.

We will be encouraging a 'Club' like feel focussing on collaboration and fun, with things like Engineering Challenges to get the students working together to solve problems.

Ms. Keep: laurak@waitakibhs.school.nz

Toi Māori (ITOIM)

This is an extension to Kapa Haka and is an opportunity for our ākonga to explore aspects of their whakapapa through art forms such as Korero tara, whaikōrero, carvings, art murals, pakiwaitara, waiata, haka and taiaha carving.

The Kaupapa (intention of learning) is to have completed art pieces and adornments for the Social Centre, so as to bring alive the stories of Mana whenua and hapu of our tane who represent our school. Te Kura Tane O Waitaki. This course will also support (tautoko) boys who wish to aspire to be part of Nga Manu Korero.

Mr. Winders: benw@waitakibhs.school.nz

Training for life (ITRAN)

This inspire programme will be based in the weights room in our school hostel. It will be limited to 15 for each session (30 boys total). This is due to the limited space and equipment. It will focus on principles and methods of training. How to build muscle, maintain mobility and nutrition to suit goals and aspirations.

Sessions will have a learning focus and then an opportunity to focus on personal goals via shared workouts.

We will focus on the 3 Ms of muscle building and learn the discipline of training that encourages both physical and personal growth.

Mr Mayhew: scottm@waitakibhs.school.nz

Young Enterprise Scheme (IYOUE)

This Programme is available to only year 11 to year 13 Students.

The Lion Foundation Young Enterprise Scheme (YES) is an opportunity for students to unleash their inner entrepreneur and experience the start-up world first-hand. It is an experiential programme where students set up and run a real business. Each YES company creates their own product or service and brings this to market.

Student learning

Through The Lion Foundation Young Enterprise Scheme, students will:

- Learn about business planning and operations.
- Develop a range of personal and business skills.
- Consult with and create networks in their community.
- An opportunity to gain NCEA Business Credits

Programme Structure

There are four YES challenges that each company needs to complete:

- Challenge 1 – Validation
- Challenge 2 – The Pitch
- Challenge 3 – Sales & Promotion
- Challenge 4 – Annual Review

There is over \$20,000 in the national prize pool as well as regional awards, cash prizes and tertiary scholarships. YES students have opportunities to attend national business competitions, events and go on partner programmes.

This programme will be run and supported through the local business community providing mentoring from local business personalities.

<https://youngenterprise.org.nz/>

Mr. G Dewan: ganeshward@waitakibhs.school.nz

